



# Eagle's Nest



HIGH POINT SCHOOL NEWSLETTER

MAY 2017



*Roiaja and Caitlin left a great taste in the mouths of our local police force!*

## Our Culinary Arts Students "Make Their MARRC"

For the second year in a row, High Point was incredibly proud to host a luncheon for MARRC — Mentoring and Rebuilding Relationships with Cops — a pen pal and mentoring program for students jointly sponsored by the Jersey City Police Department and the Hudson County Sheriff's Office. And what better way to show our appreciation for relationship-building initiatives like this than with delicious homemade food prepared by caring hands and grateful hearts? So on Wednesday, April 11, our school's Culinary Arts Program prepared a spread worthy of our honored guests and presented by culinary arts teacher Mr. Torres, social worker Ms. Banks, and students Caitlin Cruz and Roiaja Wilder. The table was laden



with bite-size sandwiches, Mediterranean salad, penne in vodka sauce, chocolate cake, strawberry shortcake, and cookies. Being given the opportunity to cater this event provided our budding chefs with firsthand experience in preparing and managing a menu for large groups, the proper protocols and mannerisms of catering staff, and the time-management skills needed to set up, break down, clean up, and then store all of the foodstuffs and equipment. The event also served as another step in strengthening our bond with the Jersey City School District — icing on the cake!



SENIOR LUNCH TO CELEBRATE OUR GRADUATES' LAST YEAR AT HIGH POINT

### JUNE EVENTS

TOUR OF HOHOKUS SCHOOL OF TRADE FOR INTERESTED STUDENTS

DAY-LONG SENIOR TRIP TO DAVE & BUSTER'S IN WILLOWBROOK MALL



## Shaping Up for Summer

The week of May 21–24 was an active one on campus — literally! Designated as Physical Education Skills Week, each P.E. class of the week was dedicated to testing and trying our students' fitness ... though, in the usual High Point way, we made sure there were healthy doses of fun thrown in there too! On Monday, for example, football was the game of the day, including drills in route running, passing, and pacing in the 40-yard dash. Tuesday featured hoops, as our students practiced their skills in free throws, three-point shots, and fast breaks. And we went old school on Thursday, with traditional calisthenics like sit-ups, push-ups, and running laps. Awards will be given to the top contenders during our last week of school in June, but we're very proud of all our fierce competitors.



## Rev That School Spirit!

As the end of another school year approaches, it's time to let our spirit flag fly! Our annual Spirit Week is a fitting way to celebrate the pride our staff and students share for High Point School, and it's also a great way to reenergize the students for the final four weeks of classes — get them refocused and enthusiastic about what they've already accomplished this year and what more lies ahead. Like Pajama Day, Crazy Sock & Hair Day, Football Day, and Senior Day, when our graduating class proudly dons their navy and white to school. The countdown to summer break begins!



MARK YOUR CALENDARS

Thursday, June 21:

# graduation

