

# Eagle's Nest



HIGH POINT SCHOOL NEWSLETTER

FALL 2019

## **Domestic Violence Awareness Month**

October brought two special visitors to the High Point campus: Ms. April and Mr. Dave, from Alternatives to Domestic Violence (ADV), a division of the Bergen County Department of Human Services that is dedicated exclusively to domestic violence intervention and prevention. The assembly they hosted addressed such critical topics as intimate partner violence (IPV), which affects 1 in 3 women and 1 in 4 men nationwide, as well as sexual, physical, verbal, and psychological aggression. Our students were very attentive and active in the follow-up discussion with questions centering on their rights. County residents should be aware that a 24-hour crisis hot line is available at 201-336-7575. Visit the **ADV website** for further information.



# **Anti-Bullying Campaign**

The **National Center for Education Statistics** indicates that, as of 2017, approximately 20% of students aged 12–18 experience bullying from school peers, which includes electronic bullying. The good news is, this figure is a significant reduction from the previous decade, and yet efforts to combat bullying must be as diligent as ever considering the serious implications it carries, such as school violence, depression, and even suicide. Not only did our students attend an in-depth session this semester to educate them on bullying, but every single one of them signed an agreement to abstain from this destructive behavior. As part of our school-wide effort, students engaged in our Random Acts of Kindness movement, during which they were "caught" doing good deeds and recognized for them during a celebratory brunch of pancakes, eggs, and bacon. Special acknowledgment goes to Joshua C., Leekwon, JaZir, Diego, Zane, Najatt, Saul, Patrice, Jadon, Jovan, and Kylie.

### Think Pink

According to the **National Breast Cancer Foundation**, breast cancer is the most common cancer in American women, except for skin cancers. On average, a woman is diagnosed with breast cancer every 2 minutes, and thanks in part to crusades like Breast Cancer Awareness Month, there are over 3.5 million breast cancer survivors in the United States today. Given its prevalence and persistence, it is imperative that we educate young people about this disease both for their own benefit and for those they love. In honor of the event at High Point, we're very proud to report that our students watched an educational video, participated in a walk, and wore pink to show support.













# COMING UP!



February: TEEN DATING VIOLENCE AWARENESS MONTH March:
"NO MORE"
MOVEMENT

